

# Speakers



## Janet Charlesworth, CPT

Janet received her bachelor's degree in Therapeutic Recreation from Winona State University with an emphasis in Cardiac Rehab. She completed her clinical internship training at the Mayo Clinic in Rochester, MN. Janet has worked in the cardiac rehab, fitness and wellness field, with both hands-on and management experience for more than 25 years. She currently serves as the Operations Manager at Community Health Club and is a certified personal trainer and yoga instructor. Janet also enjoys writing a weekly wellness column for the Standard-Times that provides timely, medical-based health and fitness tips.

## D'Arcie Chitwood, D.O.

Dr. Chitwood is an internal medicine physician who specializes in Geriatrics and Palliative Medicine at Community Medical Associates. She is a graduate of Cornerstone Christian School in San Angelo and holds a bachelor's degree from Liberty University in Lynchburg, Va., a master's degree from Texas A&M's School of Rural Public Health, and a medical degree from Kirksville College of Osteopathic Medicine in Kirksville, Mo. She completed her internal medicine residency at Mercy Suburban Hospital in Norristown, Penn., and her geriatrics and palliative medicine fellowships at Texas College of Osteopathic Medicine in Fort Worth, Texas.

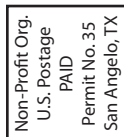
## Anthony De Mory, M.D.

Dr. De Mory received his bachelor's degree from the University of Illinois in Champaign-Urbana, Ill. and his medical degree from the University of Chicago Pritzker Medical School. He completed his internal medicine residency and nephrology fellowship at the University of Chicago Hospital in Illinois.

Dr. De Mory has served as a clinical instructor at the University of Chicago Medical Center, University of Nevada, St. Vincent's Residency Program in Portland, Ore., and Critical Care Nursing Orientation Training at the University Medical Center in Las Vegas, Nev. He has also operated a private practice in Las Vegas, Nev. and Portland and Brookings, Ore., prior to working at Shannon. Dr. De Mory is board certified in internal medicine and nephrology.

## Jonathan Wagner, PharmD, R.Ph.

Jonathan grew up in San Angelo and is a graduate of Lakeview High School. He graduated from the Irma Lerma Rangel College of Pharmacy at the Texas A&M Health Sciences Center. Jonathan is a staff pharmacist at Myers Drug, Inc. in downtown San Angelo.



# Chronic Disease: Current Trends & Future Healthcare Implications

Friday, October 18  
LeGrand Alumni Center  
1620 University Ave.  
8 a.m. to 4:30 p.m.

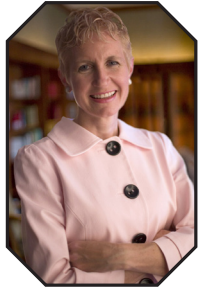


Background photo: Rod Gardner

# Chronic Disease: Current Trends & Future Healthcare Implications



## Keynote Speaker: Sandy Summers



Sandy is founder and executive director of The Truth About Nursing and co-author of Saving Lives: Why the Media's Portrayal of Nursing Puts Us All at Risk. Ms. Summers has Masters Degrees in Nursing and Public Health from Johns Hopkins University and a Bachelor of Science in Nursing from Southern Connecticut State University.

## Purpose

The purpose of this educational activity is to enhance the knowledge of the generalist and advanced practice Registered Nurse in the area of chronic disease management. This will be accomplished by presenting current trends and practice updates in an effort to enhance nursing practice as evidenced by participant evaluation and improved patient care outcomes.



# Symposium Agenda



- 7:30-8 a.m. Registration and breakfast (provided)
- 8-9:30 a.m. Keynote Address: Why the Media's Portrayal of Nurses Puts Us All at Risk and How Nurses Can Advocate to Strengthen the Profession  
**Sandy Summers**
- 9:30-9:45 a.m. Break
- 9:45-10:45 a.m. Updates in the Management of Chronic Renal Disease  
**Anthony De Mory, M.D.**
- 10:45-11 a.m. Break
- 11 a.m.-Noon Current Trends in the Management of Chronic Disease Burden in the Geriatric Patient  
**D'Arcie Chitwood, D.O.**
- Noon-1:30 p.m. Lunch (on your own)
- 1:30-2:30 p.m. Updates in the Management of COPD and Asthma  
**Jonathan Wagner, PharmD, R.Ph.**
- 2:30-2:45 p.m. Break/Snacks (provided)
- 2:45-3:45 p.m. Illness Prevention Through Lifestyle Management  
**Janet Charlesworth, CPT**
- 3:45-4 p.m. Evaluation & Wrap Up



San Angelo Community Medical Center is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

# Registration



Name \_\_\_\_\_

☐ RN ☐ LVN ☐ APN ☐ Nursing Student ☐ Other \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Daytime phone \_\_\_\_\_

Month/Day of Birth \_\_\_\_\_

Email \_\_\_\_\_

5.75 contact hours  
Includes 2.9 hours of advanced pharmacotherapeutics for APNs

\$60 Advanced Practice Nurses  
\$50 Nurses  
\$50 Other Health Care Professionals  
\$10 Students  
**Cash, Checks\* and Credit Cards are accepted.**  
**\*Make checks payable to: Angelo State University**

**Seating is limited.** Breakfast & snacks are included.

To register by mail, in person or fax:  
Angelo State University  
c/o CareGiver Research Institute  
5301 Knickerbocker Rd, Ste 200  
San Angelo, TX 76904  
Fax: (325) 942-2755  
Phone: (325)-942-2756

Persons who require special learning or physical accommodations should call (325) 486-6607. Requests received at least two weeks in advance of the symposium will be addressed individually.  
For your comfort, please bring a light jacket.

**Online registration available at [www.tgcpartnershipforbetterhealth.com](http://www.tgcpartnershipforbetterhealth.com).**